

## EFFICACY OF ANTEMORTEM RECTAL BIOPSIES TO DIAGNOSE AND ESTIMATE PREVALENCE OF CHRONIC WASTING DISEASE IN FREE-RANGING COW ELK (*CERVUS ELAPHUS NELSONI*)

Ryan J. Monello,<sup>1,6</sup> Jenny G. Powers,<sup>1</sup> N. Thompson Hobbs,<sup>2</sup> Terry R. Spraker,<sup>3</sup> Katherine I. O'Rourke,<sup>4,5</sup> and Margaret A. Wild<sup>1</sup>

<sup>1</sup> National Park Service, Biological Resource Management Division, 1201 Oak Ridge Drive, Suite 200, Fort Collins, Colorado 80525, USA

<sup>2</sup> Natural Resource Ecology Laboratory and Graduate Degree Program in Ecology, Colorado State University, Fort Collins, Colorado 80523, USA

<sup>3</sup> Colorado State Diagnostic Laboratory, College of Veterinary Medicine, Colorado State University, Fort Collins, Colorado 80523, USA

<sup>4</sup> United States Department of Agriculture, Agricultural Research Service, Animal Disease Research Unit, 3003 Animal Disease Biotechnology Facility, Washington State University, Pullman, Washington 99164, USA

<sup>5</sup> Current address: Department of Veterinary Microbiology and Pathology, School of Veterinary Medicine, Washington State University, Pullman, Washington 99164, USA

<sup>6</sup> Corresponding author (email: Ryan\_Monello@nps.gov)

**ABSTRACT:** A reliable antemortem test is needed to understand the ecology of chronic wasting disease (CWD) in elk (*Cervus elaphus nelsoni*). We measured the ability of antemortem biopsy samples from the rectal mucosa to detect the abnormal prion protein associated with CWD (PrP<sup>CWD</sup>), the relationship between test results from the obex and rectal biopsies at varying stages of CWD progression, and the prevalence of CWD in free-ranging elk from Rocky Mountain National Park, Colorado, USA. We sampled and placed radio collars on 136 adult female elk in the winter of 2007–08. Elk with biopsy samples found positive for PrP<sup>CWD</sup> by immunohistochemistry (IHC) were euthanized and the obex and retropharyngeal lymph nodes were examined with IHC. We resampled, euthanized, and necropsied 20, 25, and 34 of the remaining study elk in each of the three following winters, respectively. Sensitivity of rectal biopsy samples increased in an asymptotic fashion with follicle count and was maximized at 85% (95% credible limits [CL]=60, 98) in the beginning of the study, when a greater proportion of elk were in a detectable stage of prion infection. However, maximum sensitivity was reduced to 72% (CL=46, 94) when we included resampled elk, which included recently infected elk that were initially negative using rectal biopsies and IHC. Test results were similar between rectal biopsies and the obex, but the earliest stages of prion infection were only detected by using retropharyngeal lymph nodes. Minimum CWD prevalence was estimated to be 9.9% (CL=5.7, 15.7) using rectal biopsies, but this rose to 12.9% (CL=8.0, 19.1) when we included four elk that were likely misdiagnosed at initial capture. Our results indicate rectal biopsies can provide a useful research tool for CWD in elk populations, but should be used with caution because they can miss individuals in early stages of infection and underestimate prevalence. Prevalence estimates from this population are the highest reported to date in elk and indicate that under appropriate conditions, CWD may be able to affect the dynamics of high-density elk populations.

**Key words:** Biopsy, *Cervus elaphus*, chronic wasting disease, Colorado, CWD, elk, prion, rectal mucosa.

### INTRODUCTION

The ability to accurately diagnose the infection status of free-ranging animals is essential to understanding the effects of a wildlife disease. Such efforts can be particularly challenging in the case of new or emerging diseases, which may lack accurate diagnostic tests or knowledge on pathogenesis and transmission mechanisms (e.g., Daszak et al., 2004). Molecular diagnostics can overcome many of

these issues (Tang et al., 1997), but significant obstacles remain for relatively novel infectious agents that do not have nucleic acids, occur primarily in localized tissues or organs, or have multiple routes of infection. Chronic wasting disease (CWD), a transmissible spongiform encephalopathy that occurs in several wild cervid species of North America, exemplifies many of these challenges.

A reliable antemortem test is needed to better understand the ecology of CWD in

elk (*Cervus elaphus nelsoni*), and is required to estimate prevalence in herds that occur in areas without hunting or culling programs. Abnormal prion proteins that cause CWD in deer (*Odocoileus* spp.) and elk (PrP<sup>CWD</sup>) and scrapie in domestic sheep (*Ovis aries*) (PrP<sup>Sc</sup>) accumulate in neural and lymphoid tissues (Schreuder et al., 1998; O'Rourke et al., 2000; Spraker et al., 2002; Wild et al., 2002; Williams, 2005). Immunohistochemistry (IHC) assays of biopsy samples from the palatine tonsil and rectal mucosa of deer are accurate preclinical antemortem tests for PrP<sup>CWD</sup> (Wild et al., 2002; Wolfe et al., 2007; Keane et al., 2008, 2009), but there is comparatively limited information on the use of these techniques in elk. In comparisons of lymphoid tissues from 308 captive elk, postmortem samples of rectal mucosa accurately diagnosed six of seven infected elk (Spraker et al., 2006). Similarly, in comparisons among 17 captive elk, antemortem rectal biopsies accurately diagnosed six of six infected samples, five in the preclinical stages of disease. Additional biopsies were negative, but no postmortem samples were taken to assess sensitivity (Spraker et al., 2009b). These findings support the use of this technique to detect PrP<sup>CWD</sup> in elk, but measures of accuracy are needed to determine test limits (Spraker et al., 2006, 2009b).

To improve the ability to diagnose CWD and estimate prevalence, we studied the efficacy of rectal biopsies in a live-animal test for PrP<sup>CWD</sup> in free-ranging elk. Our specific objectives were to 1) quantify the influence of follicle counts on sensitivity and specificity of antemortem biopsies from the rectal mucosa to detect PrP<sup>CWD</sup>, 2) describe the relationship between PrP genotype and diagnostic test results using brainstem and rectal biopsies at varying stages of CWD progression, and 3) estimate prevalence of CWD in adult female elk from Rocky Mountain National Park (RMNP).

## MATERIALS AND METHODS

### Study area and population

This study was conducted on the elk winter range in RMNP, Colorado (40°36'N, 105°58'W), which ranges from 2,400 m to 2,800 m in elevation and consists of open meadows and riparian willow habitat that are bordered by lodgepole pine (*Pinus contorta*) and Douglas-fir (*Pseudotsuga menziesii*) on north-facing slopes and ponderosa pine (*Pinus ponderosa*) and upland shrub communities on south-facing slopes. Elk winter range in the park encompasses approximately 10,000 ha. Density estimates for this area were 15–110 elk/km<sup>2</sup> during 1995–2000 (Singer et al., 2002).

Chronic wasting disease has been present in RMNP for over 30 yr (Spraker et al., 1997). Prevalence of CWD has not been previously estimated from elk that inhabit RMNP. Prevalence in harvested elk in adjacent areas outside of RMNP was estimated to be 2.4% (nine of 382) from 2006–08 (Colorado Division of Wildlife, 2009). Prevalence of CWD in mule deer (*Odocoileus hemionus*) from areas adjacent to the elk winter range in RMNP (in and around the town of Estes Park) was 8.3% (15 of 181) in 2002–03 (Wolfe et al., 2004).

### Study design

Adult female elk were initially captured, sampled, and released with a radio collar during the winter of 2007–08 ( $n=136$ ; hereafter referred to as initial captures). Thirteen of the initial captures were positive for PrP<sup>CWD</sup> (CWD+) via IHC of rectal biopsies and were recaptured, euthanized, and necropsied within 55 days of initial capture. We then resampled, euthanized, and necropsied 20, 25, and 34 of the remaining study elk in each of the three following winters, respectively (hereafter referred to as resampled elk). The status of each study elk (alive or dead) was monitored at least once per week using radiotelemetry. Whole carcasses were necropsied in the field or lab to determine cause of death if elk died during the study. Postmortem samples from the brainstem (medulla oblongata at the level of the obex; obex hereafter) and retropharyngeal lymph nodes were collected during all necropsies for CWD diagnostics.

### Elk capture and antemortem samples

We anesthetized adult female elk using 2.7–3.3 mg of carfentanil (Wildlife Pharmaceuticals, Fort Collins, Colorado, USA) and 10 mg of xylazine (Tranquived, Vedco, St. Joseph,

Missouri, USA) delivered in a barbed, 2-ml self-injecting dart fired from a CO<sub>2</sub> rifle (Dan-Inject™, Dan-Inject of North America, Fort Collins, Colorado, USA). Elk were visually evaluated for clinical signs of CWD prior to capture and darted from vehicles or on foot. Following immobilization, we blindfolded elk, placed them in a sternal position, and monitored vital signs throughout the capture process. We estimated age by tooth replacement and wear (Quimby and Gaab, 1957) and only included elk that were at least 2 yr old. Blood was collected by cephalic or jugular venipuncture to determine the PrP prion gene sequence (methionine [M] or leucine [L]) at codon 132 (O'Rourke et al., 1999, 2007).

Rectal biopsies were collected by removing two 1.5 × 0.75-cm strips of mucosal tissue from the wall of the rectum approximately 1.0 cm anterior to the mucocutaneous junction of the anus and perpendicular to the cranial/caudal axis of the rectum (Spraker et al., 2009b). Tissue samples from initial captures and resampled elk were collected at the 10 and 2 o'clock positions and preserved in 10% neutral buffered formalin. We disposed of all sampling instruments and materials after each elk was sampled.

Each elk was fitted with a very-high-frequency radio collar (ATS, Isanti, Minnesota, USA) that activated a mortality signal after 8 hr of nonmovement. We minimized infection potential of the capture process with a subcutaneous (SC) dose (6,000,000 IU) of long-acting penicillin (Vedco). The effects of immobilization drugs were reversed with 300 mg of naltrexone (one-fourth intravenous [IV], three-fourths SC; Wildlife Pharmaceuticals) and 30 mg of yohimbine (IV; Wildlife Pharmaceuticals). Resampled elk were processed in the same manner, with the exception that once samples were collected, elk were euthanized with 50 ml of Euthasol delivered IV (390 mg/ml pentobarbital sodium, 50 mg/ml of phenytoin solution; Virbac AH Inc., Fort Worth, Texas, USA).

**Postmortem samples and diagnostic procedures**

Euthanized elk were transported intact to the Veterinary Diagnostic Laboratory at Colorado State University (Fort Collins, Colorado, USA). Necropsies were conducted 2–8 hr after death. The obex and medial retropharyngeal lymph nodes were removed and stored in 10% neutral buffered formalin.

Antemortem rectal biopsies and postmortem samples were assayed for PrP<sup>CWD</sup> by IHC (Spraker et al., 2006). We considered IHC staining of any postmortem sample (obex or retropharyngeal

lymph node) to be a definitive diagnosis of infection with PrP<sup>CWD</sup>. Obex samples that contained coarse, red, granular, or particulate deposits surrounding neurons and scattered in the neuropil were considered CWD+. Obex samples were scored on a scale from 0 (no PrP<sup>CWD</sup> detected) to 10 (heavy accumulation of PrP<sup>CWD</sup>) as previously described (Spraker et al., 2010). Lymph nodes and rectal mucosa were considered CWD+ if follicles or nerves had coarse, bright red granular material (Spraker et al., 2009b). Elk without IHC staining were considered uninfected (CWD–). For each rectal biopsy, we quantified the number of follicles with and without IHC staining (Spraker et al., 2006).

**Analyses**

We modeled the proportion of animals correctly diagnosed as CWD+ (sensitivity) as follows. False negatives were caused by observing 0 positive follicles in an animal that was infected. There were two sources of such zeros. The first source was due to sampling a finite number of follicles in elk that have PrP<sup>CWD</sup> in the rectal tissue. There was almost always a chance of observing 0 positive follicles when the number of follicles in a sample was small because the percentage of positive follicles generally ranges from 20% to 80% in rectal biopsies from elk (Spraker et al., 2006, 2009b). The second source of zeros was too little or no PrP<sup>CWD</sup> for IHC to detect in the rectal mucosa of a recently infected elk. In this case, elk may have been infected, but because the infection was recent, PrP<sup>CWD</sup> may not have sufficiently accumulated in the rectal mucosa to be detected with IHC.

To deal with these two sources of zeros, we modeled detection probability using a hierarchical, zero-inflated binomial model:

$$\begin{aligned} &Pr(\mathbf{p}, \mathbf{z}, \pi, a, b | \mathbf{y}, \mathbf{n}) \\ &\propto \prod_{i=1}^N \text{binomial}(y_i | p_i(1 - z_i), n_i) \\ &\quad \times \text{Bernoulli}(z_i | \pi) \text{beta}(p_i | a, b) \\ &\quad \times \text{gamma}(a | 0.001, 0.001) \\ &\quad \times \text{gamma}(b | 0.001, 0.001) \text{beta}(\pi | 1, 1) \quad (1) \end{aligned}$$

where *N* is the number of animals sampled; *p<sub>i</sub>* is the probability that a single follicle drawn from animal *i* is positive, conditional on prions being present in rectal tissue; *y<sub>i</sub>* is the number of positive follicles; and *n<sub>i</sub>* is the number of follicles in a sample. The parameter *π* is the probability that the rectal tissue of an infected animal does not contain enough prions for diagnostic purposes. We modeled *p<sub>i</sub>* as a

random draw from a beta distribution, treating it as a random effect that varied among individual animals. Posterior predictive checks (Gelman et al., 2004; Gelman and Hill, 2009) revealed a simple model with a single value for  $p$  failed to adequately represent the variation in the data. However, the hierarchic model showed no evidence of lack of fit (Bayesian  $P$  for mean = 0.74, for standard deviation = 0.35). The mean of the distribution of  $p_i$  was estimated as  $a/a+b$  and sensitivity ( $P_d$ ) was estimated as a function of the number of follicles in a sample ( $n$ ) using the following equation:

$$P_d = \left( 1 - \text{binomial} \left( 0 \mid \frac{a}{a+b}, n \right) \right) (1 - \pi) \quad (2)$$

where the posterior distribution of  $P_d$  was obtained for a range of values of  $n$  by calculating  $P_d$  as a function of  $a$ ,  $b$ ,  $\pi$ , and  $n$  at each iteration in a Monte Carlo Markov chain.

Analyses were conducted with JAGS 3.1.0 (Plummer, 2003, 2011a) using the rjags package (Plummer, 2011b) in the R 2.15.1 computing environment (R Development Core Team, 2012). Three chains were computed for each parameter with initial values chosen to be diffuse relative to posterior distributions (Brooks and Gelman, 1998). After discarding the first 5,000 iterations, we accumulated 30,000 samples from each chain. Convergence was assured by visual inspection of trace plots to assure stationarity and homogeneous mixing, and by the diagnostics of Gelman (Brooks and Gelman, 1998) and Heidelberger (Heidelberger and Welch, 1983) implemented in the coda package (Plummer et al., 2010) in R.

We estimated the effect of the parameter  $\pi$  on sensitivity in three ways. First, we assumed all infected elk had sufficient amounts of PrP<sup>CWD</sup> in rectal mucosa for diagnostic purposes, and that sensitivity was entirely reliant on obtaining enough follicles ( $\pi=0$  in Equation 2). Next we estimated parameters in Equation 1 using data that only included false negatives observed at the beginning of the study. Elk were considered to be a false negative at initial capture if they were classified as CWD- by their initial rectal biopsy and died of CWD within 24 mo (Williams et al., 2002; Hamir et al., 2006). Finally, we estimated the parameters in Equation 1 using data ( $y$ ,  $\mathbf{n}$ ) that included false negatives during the entire 3-yr study. Resampled elk were considered to be false negatives if they were classified as CWD- by the rectal biopsy taken during resampling efforts, but subsequently found to be CWD+ at postmortem. We distinguished between

estimates of sensitivity made at the start of the study versus those made over the entire study because the parameter  $\pi$  depends on the extent of infection in elk (Spraker et al., 2006, 2009b). The removal of all elk known to be infected at the start of the study resulted in a study population of elk that were either not infected or too early in the course of infection to detect PrP<sup>CWD</sup>. Thus, we expected sensitivity to be higher at initial capture when compared to estimates that included resampled elk.

We quantified the relationship between detection of PrP<sup>CWD</sup> in a rectal biopsy and disease progression by comparing obex scores among three CWD+ diagnostic categories: 1) elk that had PrP<sup>CWD</sup> in at least one postmortem sample (the obex or a retropharyngeal lymph node), but did not have PrP<sup>CWD</sup> in their most recent rectal biopsy; 2) elk that were euthanized and had PrP<sup>CWD</sup> in both a postmortem sample and their rectal biopsy; and 3) elk that died of CWD and had PrP<sup>CWD</sup> in at least one postmortem sample. For the first two categories and genotype comparisons, we only included elk that had a rectal biopsy within 55 days of euthanasia. We assumed elk died of CWD when there were no other causes of death found in the field or lab and postmortem tests confirmed the presence of PrP<sup>CWD</sup> in retropharyngeal lymphoid tissues and the brainstem with an obex score  $\geq 8$ .

We compared antemortem rectal biopsy results to definitive diagnostic tissues to estimate the proportion of animals correctly diagnosed as CWD- (specificity) using the conjugate relationship for a binomial distribution with an uninformative beta prior. All probabilities were multiplied by 100 and reported as a percentage.

## RESULTS

Rectal biopsies indicated 13 of 136 elk were CWD+ during initial capture efforts (December 2007–March 2008), all of which were euthanized and confirmed to be infected via postmortem sampling. Nine elk died of CWD during the study; four of these were found dead within 24 mo of initial capture and assumed to be misdiagnosed at the start of the study, and the other five died 25–32 mo after initial capture. We obtained postmortem samples from these animals but did not resample them before death. In addition,

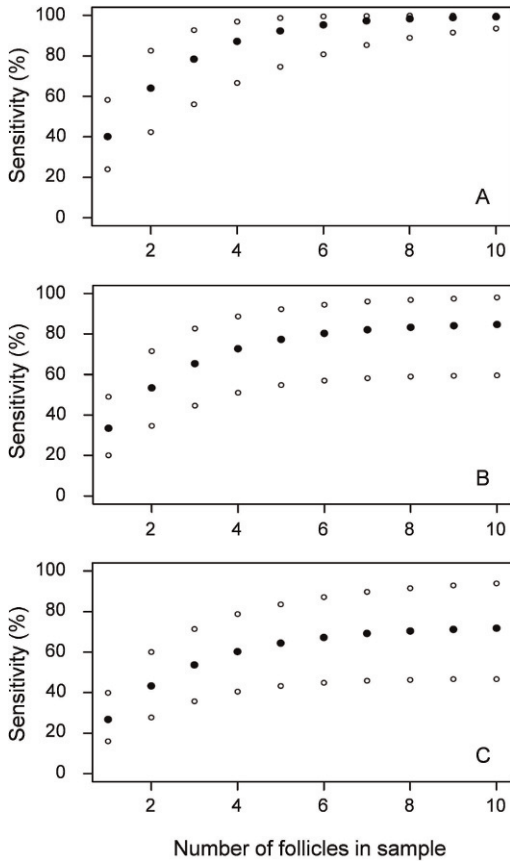


FIGURE 1. Sensitivity (% correctly identified as infected) of antemortem rectal biopsies for chronic wasting disease prion proteins ( $\text{PrP}^{\text{CWD}}$ ) in elk (*Cervus elaphus nelsoni*) in Rocky Mountain National Park, Colorado, USA. We assumed that failure to detect an infected elk using a rectal mucosa biopsy was due to: (A) low follicle count; (B) low follicle count and too little  $\text{PrP}^{\text{CWD}}$  in the sample, estimated with infected elk captured at start of the study ( $n=17$ ); or (C) low follicle count and too little  $\text{PrP}^{\text{CWD}}$  in the sample, estimated with all infected elk detected throughout the study ( $n=26$ ; this includes 17 infected at the start of the study and nine that were found to be infected 1–3 yr later). We distinguished between (B) and (C) because the probability that the rectal biopsy of an infected elk does not contain enough  $\text{PrP}^{\text{CWD}}$  for diagnostic purposes depends on the extent of infection; and the removal of all elk known to be infected at the start of the study resulted in a study population that had a greater proportion of elk that were either not infected or too early in the course of infection to detect  $\text{PrP}^{\text{CWD}}$ .

one elk harvested 12 mo after initial capture was CWD+. Among resampled elk, we found nine of 79 were CWD+, but we did not detect  $\text{PrP}^{\text{CWD}}$  in rectal biopsies taken from six of the infected elk. Obex samples also failed to detect  $\text{PrP}^{\text{CWD}}$  in five of the six resampled elk that rectal biopsies misdiagnosed; these infections were only detected in the retropharyngeal lymph nodes. The one case where obex and rectal biopsy results differed was the only instance where  $\text{PrP}^{\text{CWD}}$  was not detected in the retropharyngeal lymph nodes, but was detected in the obex. Overall, rectal biopsies correctly identified 11 of 12 (92%) CWD+ elk with the genotype  $\text{MM}_{132}$ , and five of 10 (50%) CWD+ elk with the genotype  $\text{ML}_{132}$ . The genotype  $\text{LL}_{132}$  was detected in our study population, but none were diagnosed with  $\text{PrP}^{\text{CWD}}$ .

Sensitivity increased with follicle count and ranged from 24% (95% credible limit [CL]=24, 58) with one follicle to over 95% (CL=81, 99) with six follicles, when we assumed  $\text{PrP}^{\text{CWD}}$  was always present in the rectal mucosa of CWD+ elk (Fig. 1A). However, when we included the probability that the rectal tissue may not contain enough prions for diagnostic purposes, maximum sensitivity was 85% (60, 98) at initial capture and 72% (46, 94) during the study (Fig. 1B, C). As in past studies (Spraker et al., 2006, 2009b), no CWD– elk were incorrectly identified as CWD+ using rectal biopsies and IHC (specificity CL=80, 100).

Obex scores differed among the diagnostic categories of CWD+ elk detected during initial and resample efforts: elk that had  $\text{PrP}^{\text{CWD}}$  in at least one postmortem sample, but did not have  $\text{PrP}^{\text{CWD}}$  in a rectal biopsy, had a median obex score of 0.0 (CL=0.0, 0.61;  $n=6$ ); elk that had  $\text{PrP}^{\text{CWD}}$  in their rectal biopsy had a median obex score of 6.5 (CL=4.0, 6.6;  $n=16$ ); and elk that died of CWD had a median obex score of 10.0 (CL=9.1, 10.0;  $n=9$ ). Obex scores differed little between  $\text{PrP}$  genotypes; elk with the genotype  $\text{MM}_{132}$  had a median obex score of 6.2

(CL=5.1, 7.6; range=0–10;  $n=16$ ) and elk with the genotype ML<sub>132</sub> had a median obex score of 5.4 (CL=4.3, 6.7; range=0–10;  $n=15$ ).

Based on the initial rectal biopsies and postmortem samples, minimum prevalence in 2008 was 9.9% (CL=5.7, 15.7; 13 of 136 elk were CWD+). When we included the four elk that were considered misdiagnosed during initial sampling efforts, the prevalence estimate increased to 12.9% (CL=8.0, 19.1). Subsequent recapture and euthanasia efforts over 3 yr found that 12.0% (CL=6.2, 20.3; nine of 79 elk) of resampled elk were CWD+ based on postmortem samples. Overall, 32 of 116 elk (27.8%; CL=20.2, 36.4) were found to be CWD+ during the course of the 3-yr study. This estimate only includes elk that had a definitive diagnosis made with postmortem samples, and does not include 15 elk that were still alive at the end of the study and five elk that had no testable tissue when recovered.

## DISCUSSION

Rectal biopsies from elk provide a useful monitoring and research tool for CWD, particularly for herds where the disease is already established. This conclusion is supported by several findings in this study; observed specificity was high, rectal biopsies and obex samples produced similar results, and the only misdiagnoses occurred in elk that were in early stages of infection. Previous work also found obex and rectal mucosa samples to be similar, with 13/14 captive CWD+ elk having the same diagnosis in both tissues (Spraker et al., 2006, 2009b). As in this study, the one exception was an elk that had minimal accumulation of PrP<sup>CWD</sup> around several neurons in the obex, but no PrP<sup>CWD</sup> in a rectal biopsy (Spraker et al., 2009b; see also Spraker et al., 2004). These results suggest PrP<sup>CWD</sup> occurs in the obex prior to the rectal mucosa. It is unknown how long it takes for this to occur, but it appears that CWD can be detected in a

rectal biopsy shortly after PrP<sup>CWD</sup> accumulates on both the periphery of the neurons and within the surrounding neuropil of the obex (Spraker, unpubl. data). This is consistent with the finding that sensitivity is similar when using samples from the obex (80%; Spraker et al., 2004) and the rectal mucosa (~72–85%; observed in this study) of infected elk. Misdiagnosis of early cases of prion infection using rectal biopsies has also been observed in white-tailed deer (*Odocoileus virginianus*; Keane et al., 2008, 2009). As in other studies (e.g., Hibler et al., 2003; Spraker et al., 2004), we found retropharyngeal lymph nodes were the most accurate diagnostic tissue in elk.

There are clear limitations to using rectal mucosa as a diagnostic tissue for detection of PrP<sup>CWD</sup> in elk, which has important consequences for captive and free-ranging herd management. Rectal biopsies misdiagnose some infected elk (at least 15–28% in this study), the rate of which will depend on individual- (PrP genotype, extent of infection) and population-level factors (prevalence, history of exposure) at the time of sampling. For example, infected elk with the genotype MM<sub>132</sub> were correctly diagnosed almost twice as often as elk with the ML<sub>132</sub> genotype. Prior research indicates MM<sub>132</sub> elk exhibit shorter incubation times for CWD than those with ML<sub>132</sub> (Hamir et al., 2006), which likely results in faster accumulation of PrP<sup>CWD</sup> in the rectal mucosa and a greater likelihood of accurate prion diagnosis using rectal biopsies (see also Keane et al., 2008, 2009). Additionally, if a herd has only recently been exposed to CWD, most infections will be recent, prevalence will be relatively low, and PrP<sup>CWD</sup> could be less detectable than in our study herd. These results indicate that IHC of rectal biopsies can underestimate prevalence, will be least useful in free-ranging populations when the prevalence of CWD is low (e.g., 1–3%), and should not be used to infer the absence of CWD during relocation efforts. However,

because the test appears to have high specificity, it can be used in conjunction with other surveillance methods or for intensive test-and-remove management strategies (e.g., Wolfe et al., 2004). Rectal biopsies will be particularly useful for such efforts if it is found that prions are primarily shed or elk are long-lived after infection of the rectum occurs and PrP<sup>CWD</sup> can be detected.

We found that sensitivity increased with follicle count, particularly when there were fewer than five follicles (Fig. 1). It has been tentatively suggested that at least 10 follicles are needed to obtain accurate diagnostic results from a rectal biopsy (Spraker et al., 2009a, b). Because follicle counts decline with age, most samples from elk that are older than 8 yr cannot meet this requirement (Spraker et al., 2009a). We suggest that for population-level inferences there is no need to obtain a minimum number of follicles because modern methods of hierarchic modeling (Clark and Gelfand, 2006) allow uncertainty associated with diagnosis to be included in a statistically appropriate way to estimate quantities of interest such as prevalence (see also Wolfe et al., 2002). At the individual level, our results indicate that the largest declines in sensitivity occur when there are five or fewer follicles (Fig. 1). The presence of IHC staining on only the nerves in some rectal biopsy samples also suggests the presence of PrP<sup>CWD</sup> in the rectal mucosa, and not the number of follicles, may be a limiting factor when using rectal mucosa samples to diagnose prion infection.

The minimum prevalence of CWD (9.9%) observed during our initial capture efforts is the highest estimate for a free-ranging elk population published to date. Several findings indicate that true prevalence is likely higher in this population. First, resampling and necropsy efforts confirmed that rectal biopsies misdiagnosed infected elk that were in an early stage of infection. Second, sensitivity was estimated to be as low as 72% (CL=46, 94). Finally, despite the removal of all elk found to be CWD+ via rectal biopsies,

recapture efforts over 3 yr found that 12.0% of resampled elk were CWD+. These results indicate that prevalence of CWD in 2008 was likely closer to the estimate of 12.9%, which includes the four elk that were considered misdiagnosed at initial capture. The observed prevalence in this study may be limited to our study population or a relatively small region around it, as harvested elk throughout Colorado exhibited prevalence values <2.5% from 2006 to 2008 (Colorado Division of Wildlife, 2009).

In mule deer, prevalence of CWD can exceed 20% prevalence in adult females, increase mortality rates, and contribute to lower population growth rates (Miller et al., 2008). Sargeant et al. (2011) found CWD mortality, mountain lion (*Puma concolor*) predation, and reduced recruitment stabilized elk population growth at Wind Cave National Park during the last 10 yr (finite rate of increase=1.0, prevalence unknown). It is unknown if CWD has the potential to reach prevalences found in mule deer or substantially increase the annual mortality of elk. However, the prevalence of CWD in our study population is disconcerting because more than a quarter of the adult female elk sampled were infected with PrP<sup>CWD</sup> over 3 yr and elk dynamics are particularly sensitive to changes in female survival (Nelson and Peek, 1982; Raithel et al., 2007; Sargeant et al., 2011).

Our findings demonstrate that rectal biopsies can be used to provide a requisite antemortem test to better understand the effects and dynamics of CWD in elk. Similar efforts in deer have yielded significant insights into the ecology and effects of CWD (Conner and Miller, 2004; Miller et al., 2008; Dulberger et al., 2010). However, there are limitations to using rectal biopsies, for they will miss elk in the early stages of prion infection. We recommend that IHC of rectal biopsies be limited to population monitoring or research scenarios that either supplement other surveillance methods or do not

require detection of every infected elk. Finally, our results demonstrate that high-density elk populations (10–100 elk/km<sup>2</sup>) can support relatively high rates of CWD (>10% prevalence) that may substantially affect the dynamics of such populations.

#### ACKNOWLEDGMENTS

This work was funded by the National Park Service. We coordinated our work with the implementation of an elk and vegetation management program in RMNP and thank T. Johnson, M.K. Watry, J. Mack, and B. Bobowski for making it possible. We thank S. Ratchford and D. Baker for dedication in assistance with capture and monitoring of the collared elk, and M. Miller, M. Samuel, G. Sargeant, and an anonymous reviewer for comments on the manuscript. We thank V. Jameson, T. Gidlewski, M. Graham, D. Lesiak, and E. Wheeler for assistance in the field and lab. This work was conducted under National Park Service permit ROMO-2007-SCI-0077, Colorado Division of Wildlife permit TR1081, and Colorado State University Institutional Animal Care and Use permit 07-231A.

#### LITERATURE CITED

- Brooks SP, Gelman A. 1998. General methods for monitoring convergence of iterative simulations. *J Comput Graph Stat* 7 (4): 434–455.
- Clark JS, Gelfand AE, editors. 2006. *Hierarchical modelling for the environmental sciences*. Oxford University Press, Oxford, UK, 207 pp.
- Colorado Division of Wildlife. 2009. *Chronic wasting disease in Colorado, 2006–2008*. Colorado Division of Wildlife Report, Fort Collins, Colorado, 5 pp.
- Conner MM, Miller MW. 2004. Movement patterns and spatial epidemiology of a prion disease in mule deer population units. *Ecol Appl* 14 (6): 1870–1881.
- Daszak P, Tabor FM, Kilpatrick AM, Epstein J, Plowright R. 2004. Conservation medicine and a new agenda for emerging diseases. *Ann N Y Acad Sci* 1026:1–11.
- Dulberger J, Hobbs NT, Swanson HM, Bishop CJ, Miller MW. 2010. Estimating chronic wasting disease effects on mule deer recruitment and population growth. *J Wildl Dis* 46 (4): 1086–1095.
- Gelman A, Carlin JB, Stern HS, Rubin DB. 2004. *Bayesian data analysis*. Chapman and Hall/CRC, London, UK, 689 pp.
- Gelman A, Hill J. 2009. *Data analysis using regression and multilevel/hierarchical modeling*. Cambridge University Press, Cambridge, UK, 625 pp.
- Hamir AN, Gidlewski T, Spraker TR, Miller JM, Creekmore L, Crocheck M, Cline T, O'Rourke KI. 2006. Preliminary observations of genetic susceptibility of elk (*Cervus elaphus nelsoni*) to chronic wasting disease by experimental oral inoculation. *J Vet Diagn Invest* 18 (1): 110–114.
- Heidelberger P, Welch P. 1983. Simulation run length control in the presence of an initial transient. *Oper Res* 31 (6): 1109–1044.
- Hibler CP, Wilson KL, Spraker TR, Miller MW, Zink RR, Debuse LL, Anderson E, Schweitzer D, Kennedy JA, Baeten LA, et al. 2003. Field validation and assessment of an enzyme-linked immunosorbent assay for detecting chronic wasting disease in mule deer (*Odocoileus hemionus*), white-tailed deer (*Odocoileus virginianus*), and Rocky Mountain elk (*Cervus elaphus nelsoni*). *J Vet Diagn Invest* 15 (4): 311–319.
- Keane DP, Barr DJ, Bochsler PN, Hall SM, Gidlewski T, O'Rourke KI, Spraker TR, Samuel MD. 2008. Chronic wasting disease in a Wisconsin white-tailed deer farm. *J Vet Diagn Invest* 20 (5): 698–703.
- Keane DP, Barr DJ, Osborn R, Langenberg J, O'Rourke K, Schneider D, Bochsler P. 2009. Validation of use of rectoanal mucosa-associated lymphoid tissue for immunohistochemical diagnosis of chronic wasting disease in white-tailed deer (*Odocoileus virginianus*). *J Clin Microbiol* 47 (5): 1412–1417.
- Miller MW, Swanson HM, Wolfe LL, Quartarone FG, Huwer SL, Southwick CH, Lukas PM. 2008. Lions and prions and deer demise. *PLoS One* 3 (12): e4019.
- Nelson LJ, Peek JM. 1982. Effect of survival and fecundity on rate of increase of elk. *J Wildl Manag* 46 (2): 535–540.
- O'Rourke KI, Besser TE, Miller MW, Cline TF, Spraker TR, Jenny SL, Sebarth GL, Williams ES. 1999. PrP genotypes of captive and free-ranging Rocky Mountain elk (*Cervus elaphus nelsoni*) with chronic wasting disease. *J Gen Virol* 80 (10): 2765–2769.
- O'Rourke KI, Baszler TV, Besser TE, Miller JM, Cutlip RC, Wells GA, Ryder SJ, Parish SM, Hamir AN, Cockett NE, et al. 2000. Preclinical diagnosis of scrapie by immunohistochemistry of third eyelid lymphoid tissue. *J Clin Microbiol* 38 (9): 3254–3259.
- O'Rourke KI, Spraker TR, Zhuang D, Greenlee JJ, Gidlewski TE, Hamir AN. 2007. Elk with a long incubation prion disease phenotype have a unique PrP<sup>d</sup> profile. *Cell Mol Dev Neurosci* 18 (18): 1935–1938.
- Plummer M. 2003. JAGS: A program for analysis of Bayesian graphical models using Gibbs sampling. In: *Proceedings of the 3rd international workshop on distributed statistical computing*. Austrian Association for Statistical Computing, R Foundation for Statistical Computing, Vienna, Austria,



- 20–22 March, www.ci.tuwien.ac.at/Conferences/DSC-2003/Proceedings. Accessed October 2012.
- Plummer M. 2011a. *JAGS version 3.0.0 user manual*, www.sourceforge.net/projects/mcmc-jags/files/Manuals/3.x/jags\_user\_manual.pdf. Accessed October 2012.
- Plummer M. 2011b. *rjags: Bayesian graphical models using MCMC, R package version 3.1.0*, www.cran.r-project.org/package=rjags. Accessed October 2012.
- Plummer M, Best N, Cowles K, Vines K. 2010. *coda: Output analysis and diagnostics for MCMC.R package version 0.14-4*, www.CRAN.R-project.org/package=coda. Accessed October 2012.
- Quimby DC, Gaab JE. 1957. Mandibular dentition as an age indicator in Rocky Mountain elk. *J Wildl Manag* 21 (4): 134–153.
- R Development Core Team. 2012. *R: A language and environment for statistical computing*. R Foundation for Statistical Computing, Vienna, Austria, www.R-project.org. Accessed October 2012.
- Raithel JD, Kauffman MJ, Pletscher DH. 2007. Impact of spatial and temporal variation in calf survival on the growth of elk populations. *J Wildl Manag* 71 (3): 795–803.
- Sargeant GA, Weber DC, Roddy DE. 2011. Implications of chronic wasting disease, cougar predation, and reduced recruitment for elk management. *J Wildl Manag* 75 (1): 171–177.
- Schreuder BEC, Van Keulen LJM, Vromans ME, Langeveld JP, Smits MA. 1998. Tonsillar biopsy and PrP<sup>Sc</sup> detection in the preclinical diagnosis of scrapie. *Vet Rec* 142 (21): 564–568.
- Singer FJ, Zeigenfuss LC, Lubow B, Rock MJ. 2002. Ecological evaluation of potential overabundance of ungulates in US national parks: A case study. In: *Ecological evaluation of the abundance and effects of elk herbivory in Rocky Mountain National Park, Colorado 1994–1999*, United States Geological Survey Open File Report 02-208, Fort Collins, Colorado, pp. 205–248.
- Spraker TR, Miller MW, Williams ES, Getzy DM, Adrian WJ, Schoonveld GG, Spowart RA, O'Rourke KI, Miller JM, Merz PA. 1997. Spongiform encephalopathy in free-ranging mule deer (*Odocoileus hemionus*), white-tailed deer (*Odocoileus virginianus*) and Rocky Mountain elk (*Cervus elaphus nelsoni*) in north central Colorado. *J Wildl Dis* 33 (1): 1–6.
- Spraker TR, Zink RR, Cummings BA, Sigurdson CJ, Miller MW, O'Rourke KI. 2002. Distribution of protease-resistant prion protein and spongiform encephalopathy in free-ranging mule deer (*Odocoileus hemionus*) with chronic wasting disease. *Vet Pathol* 39 (5): 546–556.
- Spraker TR, Balachandran A, Zhuang D, O'Rourke KI. 2004. Variable patterns of distribution of PrP<sup>CWD</sup> in the obex and cranial lymphoid tissues of Rocky Mountain elk (*Cervus elaphus nelsoni*) with subclinical chronic wasting disease. *Vet Rec* 155 (10): 295–302.
- Spraker TR, Gidlewski TL, Balachandran A, VerCauteren KC, Creekmore L, Munger RD. 2006. Detection of PrP<sup>CWD</sup> in postmortem rectal lymphoid tissues in Rocky Mountain elk (*Cervus elaphus nelsoni*) infected with chronic wasting disease. *J Vet Diagn Invest* 18 (6): 553–557.
- Spraker TR, VerCauteren KC, Gidlewski T, Munger RD, Walter WD, Balachandran A. 2009a. Impact of age and sex of Rocky Mountain elk (*Cervus elaphus nelsoni*) on follicle counts from rectal mucosal biopsies for preclinical detection of chronic wasting disease. *J Vet Diagn Invest* 21 (6): 868–870.
- Spraker TR, VerCauteren KC, Gidlewski T, Schneider DA, Munger R, Balachandran A, O'Rourke KI. 2009b. Antemortem detection of PrP<sup>CWD</sup> in preclinical, ranch-raised Rocky Mountain elk (*Cervus elaphus nelsoni*) by biopsy of the rectal mucosa. *J Vet Diagn Invest* 21 (1): 15–24.
- Spraker TR, O'Rourke KI, Gidlewski T, Powers JG, Greenlee JJ, Wild MA. 2010. Detection of the abnormal isoform of the prion protein associated with chronic wasting disease in the optic pathways of the brain and retina of Rocky Mountain elk (*Cervus elaphus nelsoni*). *Vet Pathol* 47 (3): 536–546.
- Tang Y, Procop GW, Persing DH. 1997. Molecular diagnostics of infectious diseases. *Clin Chem* 43 (11): 2021–2038.
- Wild MA, Spraker TR, Sigurdson CJ, O'Rourke KI, Miller MW. 2002. Preclinical diagnosis of chronic wasting disease in captive mule deer (*Odocoileus hemionus*) and white-tailed deer (*Odocoileus virginianus*) using tonsillar biopsy. *J Gen Virol* 83 (10): 89–98.
- Williams ES. 2005. Chronic wasting disease. *Vet Pathol* 42 (5): 530–549.
- Williams ES, Miller MW, Kreeger TJ, Kahn RH, Thorne ET. 2002. Chronic wasting disease of deer and elk: A review with recommendations for management. *J Wildl Manag* 66 (3): 551–563.
- Wolfe LL, Conner MM, Baker TH, Dreitz VJ, Burnham KP, Williams ES, Hobbs NT, Miller MW. 2002. Evaluation of antemortem sampling to estimate chronic wasting disease prevalence in free-ranging mule deer. *J Wildl Manag* 66 (3): 564–573.
- Wolfe LL, Miller MW, Williams ES. 2004. Feasibility of “test-and-cull” for managing chronic wasting disease in urban mule deer. *Wildl Soc Bull* 32 (2): 500–505.
- Wolfe LL, Spraker TR, González L, Dagleish MP, Sirochman TM, Brown JC, Jeffrey M, Miller MW. 2007. PrP<sup>CWD</sup> in rectal lymphoid tissue of deer (*Odocoileus* spp.). *J Gen Virol* 88 (7): 2078–2082.

Submitted for publication 22 December 2011.

Accepted 9 October 2012.